

SUMMER COOLING RESOURCE GUIDE

JUNE-SEPTEMBER 2024

Our Path Home works with community partners in Boise and Ada County to identify spaces that will welcome and provide a cool place for people experiencing homelessness during the warm summer months.

HOUSING CRISIS HOTLINE | 208-336-HOME (4663)

Experiencing a housing crisis? Call us for resources, information and support.

OURPATHHOME.ORG

COOLING LOCATIONS

SERVICES + RESOURCES

All facilities provide resource navigation, bathrooms, beverages, and indoor seating.



























PHONE

CLOTHES **MEALS**

SHOWERS

STAY

COMPUTER

OUTDOOR SHELTER

SUPPORT

BOISE CITY HALL

150 N CAPITOL BLVD | 208-608-7000



HOURS: Mon-Fri. 8AM-5PM

BOISE PUBLIC LIBRARY

715 S CAPITOL BLVD | 208-972-8200







HOURS: Mon-Thur. 10AM-8PM Fri, 10AM-6PM, Sat-Sun, 10AM-2PM

ADDITIONAL BRANCH ADDRESSES

- LIBRARY AT HILLCREST 5246 W OVERLAND RD
- LIBRARY AT COLLISTER 4742 W STATE ST
- LIBRARY AT COLE & USTICK 7557 W USTICK RD

HOURS: Mon-Fri, 10AM-6PM

Tues-Thur, 10AM-8PM, Sat, 10AM-2PM

CATHEDRAL OF THE ROCKIES

717 N 11TH ST | 208-343-7511



HOURS: Mon-Fri. 9AM-4PM

LUNCH HOURS: Mon-Fri, 11:30AM- 1PM

CITY LIGHT HOME FOR WOMEN AND CHILDREN

1404 W JEFFERSON ST | 208-368-9901











Women and children only. Open indoor access for overnight guests above 95 degrees.

HOURS: Daily, 9AM-8PM (Overnight check in at 4:30PM)

CORPUS CHRISTI

525 S AMERICANA BLVD | 208-426-0039



















HOURS: Daily, 8:30AM-8PM

GARDEN CITY LIBRARY

6015 N GLENWOOD ST | GARDEN CITY



HOURS: Mon + Fri. 9:30AM-5:30PM Tues-Thur, 9:30AM-8PM, Sat, 10AM-4PM

HAYS HOUSE

7221 POPLAR ST | 208-322-2308 (24 HRS)













24/7 Emergency Youth Shelter (Ages 9-17)

INTERFAITH SANCTUARY

For overnight shelter support call 208-345-5815

1620 W RIVER ST | 208-343-2630







HOURS: Daily, 8:30AM-4PM

(Overnight check in at 4:30PM)







RIVER OF LIFE-MEN'S SHELTER

575 S 13TH ST | 208-389-9840









Men only. Open indoor access to public when above 95 degrees.

HOURS: 9AM-4PM

(Overnight check in at 4:30PM)

TREASURE VALLEY YMCA

DOWNTOWN 1050 W STATE ST | 208-344-5501







Free seasonal gym membership. Apply at CATCH, Corpus Christi, Interfaith Sanctuary or Boise Public Library.

HOURS: Mon-Fri, 5AM-9PM Sat, 7AM-6PM | Sun, 10AM-6PM

- WEST BOISE YMCA 5959 N DISCOVERY WAY, BOISE, ID 83713
- SOUTH MERIDIAN YMCA 5155 HILLSDALE AVE, MERIDIAN, ID 83642

ADDITIONAL RESOURCES

OUTDOOR PUBLIC SPACES

Shaded outdoors area available from sunrise to sunset.

ANN MORRISON PARK 1000 AMERICANA BLVD

ESTHER SIMPLOT PARK 3206 W PLEASANTON AVE

JULIA DAVIS PARK 700 S CAPITAL BLVD

RHODES SKATE PARK 1555 W FRONT ST

VETERANS MEMORIAL PARK 930 VETERANS MEMORIAL PKWY

WIFI AVAILABLE



CHERIE BUCKNER WEBB PARK 1100 W BANNOCK BLVD

THE GROVE PLAZA 827 W MAIN ST

FOOD PANTRIES

EL-ADA COMMUNITY ACTION PARTNERSHIP

BOISE 2250 S VISTA AVE | 208-345-2820 HOURS: Mon-Thur 8AM-4PM

GARDEN CITY 701 E 44TH ST | 208-377-0700 HOURS: Mon-Thurs 9AM -12PM and 1-5 PM

SAINT MARY'S FOOD BANK

3890 W STATE ST | 208-345-2734 HOURS: Mon, Fri 11AM-2PM, Wed. 11AM-1PM

SALVATION ARMY

9492 W EMERALD ST | 208-343-5420 HOURS: Tues-Thurs, 12-4PM + Friday, 12-1PM

ST. VINCENT DE PAUL FOOD **PANTRY**

3209 W OVERLAND RD | 208-333-1460 HOURS: Tues, Fri, 2nd Sat, 10AM-12PM

TRUE HOPE FOOD PANTRY 607 N 13TH ST | 208-344-7809 HOURS: Sat, 8-11AM

RESOURCE SUPPORT

BOISE LOW INCOME SUPPORT

CONTACT: INFO@BOISELIST.ORG FOR AVAILABLE ITEMS AND SUPPORT

JESSE TREE RESOURCE SUPPORT CENTER

208-383-9486

OUR PATH HOME OUTREACH

503 S AMERICANA BLVD | 208-336-4663

HOURS: Tues, 9-11AM, Thur, 1-3PM

EMAIL: OurPathHome@catchprogram.org

OurPathHome.org

ST. VINCENT DE PAUL HELPLINE

208-331-2208

Help with utilities, rental assistance, household goods, transportation, and clothing. Leave a message with name, phone number and need.

DEPARTMENT OF VETERANS AFFAIRS

208-422-1039

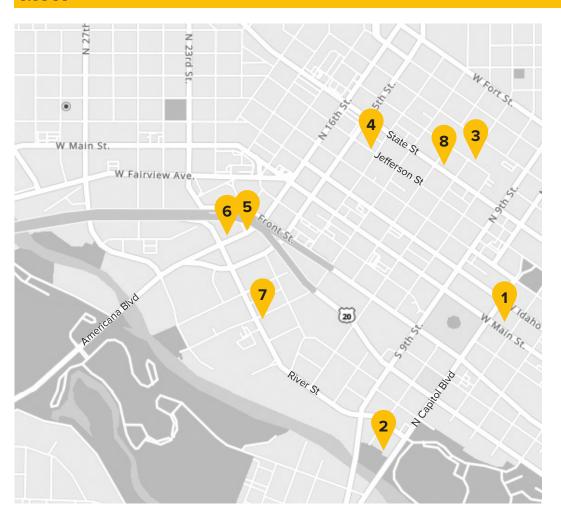
FIND HELP IDAHO



回職無回 Online location-based resource guide with the ability to print, connect, and send/receive updates with a variety of community partners and resources.

FindHelpIdaho.org

MAP



INDOOR LOCATIONS

- 1. BOISE CITY HALL
 150 N CAPITOL BLVD
- 2. BOISE PUBLIC LIBRARY DOWNTOWN 715 S CAPITOL BLVD
- 3. CATHEDRAL OF THE ROCKIES 717 N 11TH ST
- 4. CITY LIGHTS
 1404 W JEFFERSON ST
- 5. CORPUS CHRISTI 525 S AMERICANA BLVD
- 6. INTERFAITH SANCTUARY 1620 W RIVER ST
- 7. RIVER OF LIFE 575 S 13TH ST
- 8. TREASURE VALLEY YMCA DOWNTOWN 1050 W STATE ST

SUMMER SAFETY

STAYING COOL - HOT TIPS

STAY HYDRATED

Drink plenty of water throughout the day. Avoid drinking alcohol, coffee, tea, and caffeinated soft drinks.

FIND SHADE + COOL AREAS

Seek shaded spots or air-conditioned public places during peak heat. Limit time in direct sunlight.

WEAR LIGHT CLOTHING

Opt for lightweight, light-colored, and loose-fitting clothes. Change clothing if damp or wet

TREAT YOUR SKIN

Use sunscreen, wear a wide-brimmed hat, and sunglasses. Keep a damp rag or bandana to wipe your face or neck. Take cool showers.

EAT LIGHT

Have smaller, frequent meals and avoid heavy foods.

CHECK ON OTHERS

Especially older adults, those with health conditions or disabilities and those using substances.

CONSIDER PET SAFETY

Make sure pets have plenty of cool water and access to shade. Asphalt and pavement can very hot for their feet.

BE ALERT TO HEAT ILLNESS SYMPTOMS

HEAT STROKE

Dry, hot skin, no sweating, high temperature, rapid pulse, chills, confusion, slurred speech.

If you suspect heat stroke, get the person medical care immediately.
 Cool down with whatever methods are available. Do not give them anything to drink.

HEAT EXHAUSTION

Excessive sweating, weakness, dizziness, clammy skin, muscle cramps, flushed skin.

HEAT CRAMPS

Muscle pain and spasms, usually in the abdomen, arms, or legs.

• If you suspect heat cramps or heat exhaustion, go to a cooler a location, remove extra clothing, and take sips of water or sports drink.

HEAT RASH

Red pimples or small blisters, often on the neck, chest, groin, under breasts, and elbow creases.

ADDITIONAL SUPPORT

HEALTH SERVICES

TERRY REILLY HEALTH SERVICES

300 S 23RD ST | 208-318-1326

HOURS: Mon- Fri, 8AM-6PM (closed 1-2PM)

PSYCHIATRIC MEDICATION MANAGEMENT WALK- IN

HOURS: Wed, 2-4PM, Fri, 1-5PM

TERRY REILLY HEALTH SERVICES

848 LA CASSIA DR | 208-344-0086

HOURS: Mon-Fri, 8AM- 5PM (Closed 12-1PM)

FULL CIRCLE IDAHO

325 W IDAHO ST | 208-514-2525

HOURS: Mon- Fri, 8AM- 5PM

GENESIS COMMUNITY CLINIC

215 W 35TH ST, GARDEN CITY | 208-384-5200

HOURS: Mon, Fri, 8AM-5PM, Tues, Thur, 8AM-7:30PM

CRISIS SUPPORT

Reach out if you or someone you know is experiencing a crisis.

- IF YOU ARE IN AN EMERGENCY CALL 911
- BOISE NON-EMERGENCY POLICE 208-377-6790
- MOBILE CRISIS BEHAVIORAL HEALTH UNIT 208-334-0808
- PATHWAYS COMMUNITY CRISIS CENTER 833-525-4747
- SUICIDE + CRISIS LIFELINE 988 or 1-800-273-8255
- WCA DOMESTIC VIOLENCE CRISIS HOTLINE 208-343-7025
- WCA SEXUAL ASSAULT HOTLINE 208-345-7273

MORE INFORMATION

Please contact **info@ourpathhome.org** or call the Housing Crisis Hotline at **208-336-4663**.

